

Table of suitable foods for Lurchers, Greyhounds and other long dogs.

[www.racing-dog.com](http://www.racing-dog.com)

[www.beginners-gambling.com](http://www.beginners-gambling.com)

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Mostly researched from the Greyhound trainer

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Mostly researched from the “greyhound trainer” by H Montagu Harrison and re-edited by Doug Link of [www.racing-dog.com](http://www.racing-dog.com)

Food	Protein	Carbohydrate	Fat	Calories
Horse Liver	9.3	0	4.1	80
Horse heart	8.0	0	4.3	75
Horse kidney	8.0	0	2.0	60
Horse Flesh	8.5	0	4.8	86
Ox Liver	8.4	0	4.5	81
Beef, lean	7.6	0	4.1	75
Whale, meat	7.5	0	6.0	87
Hare, flesh	8.5	0	3.3	55
Rabbit	7.5	0	2.2	51
<a href="#">Tripe</a>	5.1	0	0.9	29
Egg	3.5	0	0.3	45
Cod fish	5.1	0	0.3	23
Cod roe	5.1	0	0.5	25
Catfish	5.1	0	0.3	23
Mutton	6.9	0	6.9	92
Milk, 20oz pint	1.0	1.5	1.1	20
Whole meal bread	1.8	14.2	0.3	68
Crushed oats	3.8	20.6	0.3	120
Parsnips	0.5	3.8	0	18
Swedes	0.3	3.8	0	0.6
Potato	0.5	7.7	0	0.4
Leeks	0.2	1.2	0	0.7
Carrots	0.5	1.3	0	6
Onion	0.2	0.8	0	4
Cabbage	0.3	0.2	0	2
Glucodin	0.0	28	0	116